Cucumber and Apple Salad

- 1 cucumber
- 2 apples
- 1 bell pepper
- 1 tbsp. parsley
- 1 clove garlic
- 1 tbsp. honey
- 2 tbsp. vinegar
- 1 tsp. sea salt

Peel cucumber, then cut cucumber and apples into small pieces and toss into a large bowl.

Finely cut bell pepper and add to bowl.

Finely chop (mince) parsley and garlic. Add to a small bowl and whisk together with honey, vinegar and salt.

Drizzle mixture over vegetables and toss well until everything is covered completely.
Know Where Your Food Comes From

Discover our community of experts in food, gardening and agriculture at:
go.ncsu.edu/Homegrown